



# Cowessess First Nation #73

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January 10<sup>th</sup>, 2021

**To: Cowessess First Nation Community Members**

**Re: Confirmed Third COVID-19 Case on Cowessess First Nation**

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Hi, as of Sunday, January 10<sup>th</sup>, there are three confirmed COVID-19 cases on Cowessess First Nation. Each individual have confirmed that they are isolating in their homes and will remain home until they are deemed clear of COVID-19. We wish them a speedy recovery in the next few weeks and will continue to provide assistance within means necessary to help them recover. In respect of their privacy, the individual names will not be made public but I can assure you each home have agreed to remain isolated to ensure the safety of the Community is forefront.

There has been numerous concerns shared as to individuals who are not at home in self-isolation. If you have called 811, got a test, been told to stay home by health professionals, or feeling symptoms of COVID-19, you must remain at home. We are entrusting all play their part in minimizing the risk. Defining close contact has also been unclear. Some have identified themselves as self-isolating without calling 811 or talking to a health professional. Close contact means you were within 2-meters of someone with a confirmed case for minimum 15 minutes and/or not wearing a mask when within 2-meters of someone with a confirmed case. If you both wore masks, sanitized and were only close in passing, you are not considered a close contact. When in doubt, call 811.

For all those safe at home, dealing with COVID-19, and doing what is best for the community, we thank you. If anyone has suggestions or ideas, please contact me at (639) 205-7960.

Chief Cadmus Delorme